

Chapter 6 – Riemann-Stieltjes Integral

Course Title: Real Analysis 1

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> Partition

Let $[a,b]$ be a given interval. A finite set $P = \{a = x_0, x_1, x_2, \dots, x_k, \dots, x_n = b\}$ is said to be a partition of $[a,b]$ which divides it into n such intervals

$$[x_0, x_1], [x_1, x_2], [x_2, x_3], \dots, [x_{n-1}, x_n].$$

Each sub-interval is called a *component* of the partition.

Obviously, corresponding to different choices of the points x_i we shall have different partition.

The maximum of the length of the components is defined as the *norm* of the partition.

> Riemann Integral

Let f be a real-valued function defined and bounded on $[a,b]$. Corresponding to each partition P of $[a,b]$, we put

$$\begin{aligned} M_i &= \sup f(x) & (x_{i-1} \leq x \leq x_i) \\ m_i &= \inf f(x) & (x_{i-1} \leq x \leq x_i) \end{aligned}$$

We define upper and lower sums as

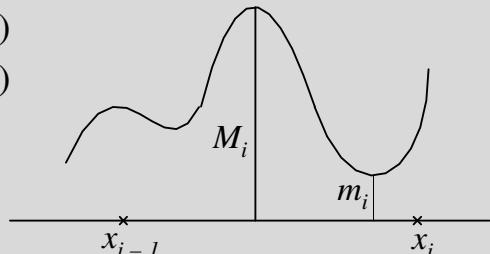
$$U(P, f) = \sum_{i=1}^n M_i \Delta x_i$$

$$\text{and } L(P, f) = \sum_{i=1}^n m_i \Delta x_i.$$

where $\Delta x_i = x_i - x_{i-1}$ ($i = 1, 2, \dots, n$)

and finally $\int_a^b f dx = \inf U(P, f)$ (i)

$$\int_a^b f dx = \sup L(P, f) \text{ (ii)}$$



Where the infimum and the supremum are taken over all partitions P of $[a,b]$.

Then $\int_a^b f dx$ and $\int_a^b f dx$ are called the upper and lower Riemann Integrals of f over $[a,b]$ respectively.

In case the upper and lower integrals are equal, we say that f is Riemann-Integrable on $[a,b]$ and we write $f \in R$, where R denotes the set of Riemann integrable functions.

The common value of (i) and (ii) is denoted by $\int_a^b f dx$ or by $\int_a^b f(x) dx$.

Which is known as the Riemann integral of f over $[a,b]$.

➤ Theorem

The upper and lower integrals are defined for every bounded function f .

Proof

Take M and m to be the upper and lower bounds of $f(x)$ in $[a,b]$.

$$\Rightarrow m \leq f(x) \leq M \quad (a \leq x \leq b)$$

Then $M_i \leq M$ and $m_i \geq m$ $(i=1,2,\dots,n)$

Where M_i and m_i denote the supremum and infimum of $f(x)$ in (x_{i-1}, x_i) for certain partition P of $[a, b]$.

$$\Rightarrow L(P, f) = \sum_{i=1}^n m_i \Delta x_i \geq \sum_{i=1}^n m \Delta x_i \quad (\Delta x_i = x_{i-1} - x_i)$$

$$\Rightarrow L(P, f) \geq m \sum_{i=1}^n \Delta x_i$$

$$\text{But } \sum_{i=1}^n \Delta x_i = (x_1 - x_0) + (x_2 - x_1) + (x_3 - x_2) + \dots + (x_n - x_{n-1})$$

$$= x_n - x_0 = b - a$$

$$\Rightarrow L(P, f) \geq m(b-a)$$

Similarity $U(P, f) \leq M(b-a)$

$$\Rightarrow m(b-a) \leq L(P, f) \leq U(P, f) \leq M(b-a)$$

Which shows that the numbers $L(P, f)$ and $U(P, f)$ form a bounded set.

⇒ The upper and lower integrals are defined for every bounded function f . ◉

➤ Riemann-Stieltjes Integral

It is a generalization of the Riemann Integral. Let $\alpha(x)$ be a monotonically increasing function on $[a,b]$. $\alpha(a)$ and $\alpha(b)$ being finite, it follows that $\alpha(x)$ is bounded on $[a,b]$. Corresponding to each partition P of $[a,b]$, we write

$$\Delta\alpha_i = \alpha(x_i) - \alpha(x_{i-1})$$

(Difference of values of α at x_i & x_{i-1})

$\therefore \alpha(x)$ is monotonically increasing.

$$\therefore \Delta\alpha_i \geq 0$$

Let f be a real function which is bounded on $[a,b]$.

$$\text{Put } U(P, f, \alpha) = \sum_{i=1}^n M_i \Delta \alpha_i$$

$$L(P, f, \alpha) = \sum_{i=1}^n m_i \Delta \alpha_i ,$$

where M_i and m_i have their usual meanings.

Define

$$\int_a^b f d\alpha = \sup L(P, f, \alpha) \dots \dots \dots \quad (ii)$$

Where the infimum and supremum are taken over all partitions of $[a,b]$.

If $\int_a^b f d\alpha = \int_{\underline{a}}^{\bar{b}} f d\alpha$, we denote their common value by $\int_a^b f d\alpha$ or $\int_a^b f(x) d\alpha(x)$.

This is the Riemann-Stieltjes integral or simply the Stieltjes Integral of f w.r.t. α over $[a,b]$.

If $\int_a^b f d\alpha$ exists, we say that f is integrable w.r.t. α , in the Riemann sense, and write $f \in R(\alpha)$.

➤ *Note*

The Riemann-integral is a special case of the Riemann-Stieltjes integral when we take $\alpha(x) = x$.

\therefore The integral depends upon f, α, a and b but not on the variable of integration.

∴ We can omit the variable and prefer to write $\int_a^b f d\alpha$ instead of $\int_a^b f(x) d\alpha(x)$.

In the following discussion f will be assumed to be real and bounded, and α monotonically increasing on $[a,b]$.

➤ *Refinement of a Partition*

Let P and P^* be two partitions of an interval $[a,b]$ such that $P \subset P^*$ i.e. every point of P is a point of P^* , then P^* is said to be a *refinement* of P .

➤ *Common Refinement*

Let P_1 and P_2 be two partitions of $[a,b]$. Then a partition P^* is said to be their *common refinement* if $P^* = P_1 \cup P_2$.

➤ *Theorem*

If P^* is a refinement of P , then

and $U(P, f, \alpha) \geq U(P^*, f, \alpha)$ (ii)

Proof

Let us suppose that P^* contains just one point x^* more than P such that $x_{i-1} < x^* < x_i$, where x_{i-1} and x_i are two consecutive points of P .

Put

$$\begin{array}{lll} w_1 = \inf f(x) & \left(x_{i-1} \leq x \leq x^* \right) & \xrightarrow{\hspace{1cm}} \\ w_2 = \inf f(x) & \left(x^* \leq x \leq x_i \right) & \xrightarrow{\hspace{1cm}} \end{array}$$

It is clear that $w_1 \geq m_i$ & $w_2 \geq m_i$ where $m_i = \inf f(x)$, $(x_{i-1} \leq x \leq x_i)$.

Hence

$$\begin{aligned} L(P^*, f, \alpha) - L(P, f, \alpha) &= w_1 [\alpha(x^*) - \alpha(x_{i-1})] + w_2 [\alpha(x_i) - \alpha(x^*)] \\ &\quad - m_i [\alpha(x_i) - \alpha(x_{i-1})] \\ &= w_1 [\alpha(x^*) - \alpha(x_{i-1})] + w_2 [\alpha(x_i) - \alpha(x^*)] \\ &\quad - m_i [\alpha(x_i) - \alpha(x^*) + \alpha(x^*) - \alpha(x_{i-1})] \\ &= (w_1 - m_i) [\alpha(x^*) - \alpha(x_{i-1})] + (w_2 - m_i) [\alpha(x_i) - \alpha(x^*)] \end{aligned}$$

$\because \alpha$ is a monotonically increasing function.

$$\therefore \alpha(x^*) - \alpha(x_{i-1}) \geq 0, \quad \alpha(x_i) - \alpha(x^*) \geq 0$$

$$\Rightarrow L(P^*, f, \alpha) - L(P, f, \alpha) \geq 0$$

$$\Rightarrow L(P, f, \alpha) \leq L(P^*, f, \alpha) \quad \text{which is (i)}$$

If P^* contains k points more than P , we repeat this reasoning k times and arrive at (i).

Now put

$$W_1 = \sup f(x) \quad (x_{i-1} \leq x \leq x^*)$$

$$\text{and } W_2 = \sup f(x) \quad (x^* \leq x \leq x_i)$$

$$\text{Clearly } M_i \geq W_1 \quad \& \quad M_i \geq W_2$$

Consider

$$\begin{aligned} U(P, f, \alpha) - U(P^*, f, \alpha) &= M_i [\alpha(x_i) - \alpha(x_{i-1})] \\ &\quad - W_1 [\alpha(x^*) - \alpha(x_{i-1})] - W_2 [\alpha(x_i) - \alpha(x^*)] \\ &= M_i [\alpha(x_i) - \alpha(x^*) + \alpha(x^*) - \alpha(x_{i-1})] \\ &\quad - W_1 [\alpha(x^*) - \alpha(x_{i-1})] - W_2 [\alpha(x_i) - \alpha(x^*)] \\ &= (M_i - W_1) [\alpha(x^*) - \alpha(x_{i-1})] + (M_i - W_2) [\alpha(x_i) - \alpha(x^*)] \geq 0 \\ &\quad (\because \alpha \text{ is } \uparrow) \end{aligned}$$

$$\Rightarrow U(P, f, \alpha) \geq U(P^*, f, \alpha) \quad \text{which is (ii)}$$



➤ **Theorem**

Let f be a real valued function defined on $[a,b]$ and α be a monotonically increasing function on $[a,b]$. Then

$$\sup L(P, f, \alpha) \leq \inf U(P, f, \alpha)$$

i.e. $\int_a^b f d\alpha \leq \int_a^{\bar{b}} f d\alpha$

Proof

Let P^* be the common refinement of two partitions P_1 and P_2 . Then

$$L(P_1, f, \alpha) \leq L(P^*, f, \alpha) \leq U(P^*, f, \alpha) \leq U(P_2, f, \alpha)$$

Hence $L(P_1, f, \alpha) \leq U(P_2, f, \alpha)$ (i)

If P_2 is fixed and the supremum is taken over all P_1 then (i) gives

$$\int_a^b f d\alpha \leq U(P_2, f, \alpha)$$

Now take the infimum over all P_2

$$\Rightarrow \int_a^b f d\alpha \leq \int_a^{\bar{b}} f d\alpha \quad \textcircled{O}$$

➤ Theorem (Condition of Integrability or Cauchy's Criterion for Integrability.)

$f \in R(\alpha)$ on $[a,b]$ iff for every $\varepsilon > 0$ there exists a partition P such that

$$U(P, f, \alpha) - L(P, f, \alpha) < \varepsilon$$

Proof

Let $U(P, f, \alpha) - L(P, f, \alpha) < \varepsilon$ (i)

Then $L(P, f, \alpha) \leq \int_a^b f d\alpha \leq \int_a^{\bar{b}} f d\alpha \leq U(P, f, \alpha)$

$$\Rightarrow \int_a^b f d\alpha - L(P, f, \alpha) \geq 0 \quad \text{and} \quad U(P, f, \alpha) - \int_a^{\bar{b}} f d\alpha \geq 0$$

Adding these two results, we have

$$\begin{aligned} & \int_a^b f d\alpha - \int_a^{\bar{b}} f d\alpha - L(P, f, \alpha) + U(P, f, \alpha) \geq 0 \\ \Rightarrow & \int_a^{\bar{b}} f d\alpha - \int_a^b f d\alpha \leq U(P, f, \alpha) - L(P, f, \alpha) < \varepsilon \quad \text{from (i)} \end{aligned}$$

i.e. $0 \leq \int_a^{\bar{b}} f d\alpha - \int_a^b f d\alpha < \varepsilon \quad \text{for every } \varepsilon > 0.$

$$\Rightarrow \bar{\int_a^b} f d\alpha = \int_a^b f d\alpha \quad \text{i.e. } f \in R(\alpha)$$

Conversely, let $f \in R(\alpha)$ and let $\varepsilon > 0$

$$\Rightarrow \bar{\int_a^b} f d\alpha = \int_{\underline{a}}^b f d\alpha = \int_a^b f d\alpha$$

$$\text{Now } \bar{\int_a^b} f d\alpha = \inf U(P, f, \alpha) \quad \text{and} \quad \int_{\underline{a}}^b f d\alpha = \sup L(P, f, \alpha)$$

There exist partitions P_1 and P_2 such that

$$\begin{aligned} U(P_2, f, \alpha) - \int_a^b f d\alpha &< \frac{\varepsilon}{2} \quad \dots \dots \dots \quad (ii) \\ \text{and } \int_a^b f d\alpha - L(P_1, f, \alpha) &< \frac{\varepsilon}{2} \quad \dots \dots \dots \quad (iii) \end{aligned} \quad \left| \begin{array}{l} U(P_2, f, \alpha) - \frac{\varepsilon}{2} < \int_a^b f d\alpha \\ \int_a^b f d\alpha < L(P_1, f, \alpha) + \frac{\varepsilon}{2} \end{array} \right.$$

We choose P to be the common refinement of P_1 and P_2 .

Then

$$U(P, f, \alpha) \leq U(P_2, f, \alpha) < \int_a^b f d\alpha + \frac{\varepsilon}{2} < L(P_1, f, \alpha) + \varepsilon \leq L(P, f, \alpha) + \varepsilon$$

So that

$$U(P, f, \alpha) - L(P, f, \alpha) < \varepsilon \quad \circledcirc$$

➤ Theorem

- a) If $U(P, f, \alpha) - L(P, f, \alpha) < \varepsilon$ holds for some P and some ε , then it holds (with the same ε) for every refinement of P .
- b) If $U(P, f, \alpha) - L(P, f, \alpha) < \varepsilon$ holds for $P = \{x_0, \dots, x_n\}$ and s_i, t_i are arbitrary points in $[x_{i-1}, x_i]$, then

$$\sum_{i=1}^n |f(s_i) - f(t_i)| \Delta \alpha_i < \varepsilon$$

- c) If $f \in R(\alpha)$ and the hypotheses of (b) holds, then

$$\left| \sum_{i=1}^n f(t_i) \Delta \alpha_i - \int_a^b f d\alpha \right| < \varepsilon$$

Proof

- a) Let P^* be a refinement of P . Then

$$L(P, f, \alpha) \leq L(P^*, f, \alpha)$$

$$\text{and } U(P^*, f, \alpha) \leq U(P, f, \alpha)$$

$$\Rightarrow L(P, f, \alpha) + U(P^*, f, \alpha) \leq L(P^*, f, \alpha) + U(P, f, \alpha)$$

$$\Rightarrow U(P^*, f, \alpha) - L(P^*, f, \alpha) \leq U(P, f, \alpha) - L(P, f, \alpha)$$

$$\therefore U(P, f, \alpha) - L(P, f, \alpha) < \varepsilon$$

b) $P = \{x_0, \dots, x_n\}$ and s_i, t_i are arbitrary points in $[x_{i-1}, x_i]$.

$\Rightarrow f(s_i)$ and $f(t_i)$ both lie in $[m_i, M_i]$.

$$\Rightarrow |f(s_i) - f(t_i)| \leq M_i - m_i$$

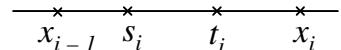
$$\Rightarrow |f(s_i) - f(t_i)| \Delta \alpha_i \leq M_i \Delta \alpha_i - m_i \Delta \alpha_i$$

$$\Rightarrow \sum_{i=1}^n |f(s_i) - f(t_i)| \Delta \alpha_i \leq \sum_{i=1}^n M_i \Delta \alpha_i - \sum_{i=1}^n m_i \Delta \alpha_i$$

$$\Rightarrow \sum_{i=1}^n |f(s_i) - f(t_i)| \Delta \alpha_i \leq U(P, f, \alpha) - L(P, f, \alpha)$$

$$\therefore U(P, f, \alpha) - L(P, f, \alpha) < \varepsilon$$

$$\therefore \sum_{i=1}^n |f(s_i) - f(t_i)| \Delta \alpha_i < \varepsilon$$



$$c) \quad \because m_i \leq f(t_i) \leq M_i$$

$$\therefore \sum m_i \Delta \alpha_i \leq \sum f(t_i) \Delta \alpha_i \leq \sum M_i \Delta \alpha_i$$

$$\Rightarrow L(P, f, \alpha) \leq \sum_i f(t_i) \Delta \alpha_i \leq U(P, f, \alpha)$$

$$\sum_{i=1}^n \int_{\mathbb{R}} f_i(x) d\mu_i(x) = \int_{\mathbb{R}} \sum_{i=1}^n f_i(x) d\mu_i(x)$$

$$\text{and also } L(P, f, \alpha) \leq \int_a f d\alpha \leq U(P, f, \alpha)$$

Using (b), we have

$$\left| \sum f(t_i) \Delta \alpha_i - \int_a^b f d\alpha \right| < \varepsilon$$

➤ *Lemma*

If M & m are the supremum and infimum of f and M', m' are the supremum & infimum of $|f|$ on $[a,b]$ then $M' - m' \leq M - m$.

Proof

Let $x_1, x_2 \in [a, b]$, then

$\therefore M$ and m denote the supremum and infimum of $f(x)$ on $[a,b]$

$$\therefore f(x) \leq M \quad \& \quad f(x) \geq m \quad \forall x \in [a,b]$$

$\therefore x_1, x_2 \in [a, b]$

$$\therefore f(x_1) \leq M \quad \text{and} \quad f(x_2) \geq m$$

$$\Rightarrow f(x_1) \leq M \quad \text{and} \quad -f(x_2) \leq -m$$

Interchanging x_1 & x_2 , we get

$$-[f(x_1) - f(x_2)] \leq M - m \quad \dots \dots \dots \text{(ii)}$$

$$\begin{aligned} (i) \& (ii) \Rightarrow |f(x_1) - f(x_2)| &\leq M - m \\ &\Rightarrow ||f(x_1)| - |f(x_2)|| \leq M - m \quad \text{by eq. (A)} \dots \dots \dots \text{(I)} \end{aligned}$$

$\because M'$ and m' denote the supremum and infimum of $|f(x)|$ on $[a,b]$

$$\therefore |f(x)| \leq M' \text{ and } |f(x)| \geq m' \quad \forall x \in [a,b]$$

$\Rightarrow \exists \varepsilon > 0$ such that

$$|f(x_1)| > M' - \varepsilon \quad \dots \dots \dots \text{(iii)}$$

$$\text{and } |f(x_2)| < m' + \varepsilon \Rightarrow -|f(x_2)| + \varepsilon > -m' \quad \dots \dots \dots \text{(iv)}$$

From (iii) and (iv), we get

$$\begin{aligned} &|f(x_1)| - |f(x_2)| + \varepsilon > M' - m' - \varepsilon \\ &\Rightarrow 2\varepsilon + |f(x_1)| - |f(x_2)| > M' - m' \end{aligned}$$

$$\because \varepsilon \text{ is arbitrary } \therefore M' - m' \leq |f(x_1)| - |f(x_2)| \quad \dots \dots \dots \text{(v)}$$

Interchanging x_1 & x_2 , we get

$$M' - m' \leq -(|f(x_1)| - |f(x_2)|) \quad \dots \dots \dots \text{(vi)}$$

Combining (v) and (vi), we get

$$M' - m' \leq ||f(x_1)| - |f(x_2)|| \quad \dots \dots \dots \text{(II)}$$

From (I) and (II), we have the require result

$$M' - m' \leq M - m$$

◎

➤ Theorem

If $f \in R(\alpha)$ on $[a,b]$, then $|f| \in R(\alpha)$ on $[a,b]$ and $\left| \int_a^b f d\alpha \right| \leq \int_a^b |f| d\alpha$.

Proof

$$\because f \in R(\alpha)$$

\therefore given $\varepsilon > 0$ \exists a partition P of $[a,b]$ such that

$$U(P, f, \alpha) - L(P, f, \alpha) < \varepsilon$$

$$\text{i.e. } \sum M_i \Delta \alpha_i - \sum m_i \Delta \alpha_i = \sum (M_i - m_i) \Delta \alpha_i < \varepsilon$$

Where M_i and m_i are supremum and infimum of f on $[x_{i-1}, x_i]$

Now if M'_i and m'_i are supremum and infimum of $|f|$ on $[x_{i-1}, x_i]$ then

$$\begin{aligned} M'_i - m'_i &\leq M_i - m_i \\ \Rightarrow \sum (M'_i - m'_i) \Delta \alpha_i &\leq \sum (M_i - m_i) \Delta \alpha_i \\ \Rightarrow U(P, |f|, \alpha) - L(P, |f|, \alpha) &\leq U(P, f, \alpha) - L(P, f, \alpha) < \varepsilon \\ \Rightarrow |f| &\in R(\alpha). \end{aligned}$$

Take $c = +1$ or -1 to make $c \int_a^b f d\alpha \geq 0$

$$\text{Then } \left| \int_a^b f d\alpha \right| = c \int_a^b f d\alpha \quad \dots \dots \dots \text{(i)}$$

Also $c f(x) \leq |f(x)| \quad \forall x \in [a,b]$

$$\Rightarrow \int_a^b c f d\alpha \leq \int_a^b |f| d\alpha \Rightarrow c \int_a^b f d\alpha \leq \int_a^b |f| d\alpha \dots\dots\dots(ii)$$

From (i) and (ii), we have

$$\left| \int_a^b f d\alpha \right| \leq \int_a^b |f| d\alpha$$

◎

➤ Theorem (Ist Fundamental Theorem of Calculus)

Let $f \in R$ on $[a,b]$. For $a \leq x \leq b$, put $F(x) = \int_a^x f(t) dt$, then F is continuous on $[a,b]$; furthermore, if f is continuous at point x_0 of $[a,b]$, then F is differentiable at x_0 , and $F'(x_0) = f(x_0)$.

Proof

$\because f \in R$

$\therefore f$ is bounded.

Let $|f(t)| \leq M$ for $t \in [a,b]$

If $a \leq x < y \leq b$, then



$$\begin{aligned} |F(y) - F(x)| &= \left| \int_a^y f(t) dt - \int_a^x f(t) dt \right| \\ &= \left| \int_a^x f(t) dt + \int_x^y f(t) dt - \int_a^x f(t) dt \right| \\ &= \left| \int_x^y f(t) dt \right| \leq \int_x^y |f(t)| dt \leq M \int_x^y dt = M(y-x) \end{aligned}$$

$$\Rightarrow |F(y) - F(x)| < \varepsilon \text{ for } \varepsilon > 0 \text{ provided } M|y-x| < \varepsilon$$

$$\text{i.e. } |F(y) - F(x)| < \varepsilon \text{ whenever } |y-x| < \frac{\varepsilon}{M}$$

This proves the continuity (and, in fact, uniform continuity) of F on $[a,b]$.

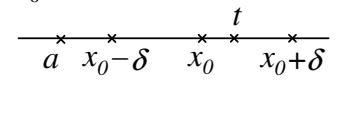
Next, we have to prove that if f is continuous at $x_0 \in [a,b]$ then F is differentiable at x_0 and $F'(x_0) = f(x_0)$

$$\text{i.e. } \lim_{t \rightarrow x_0} \frac{F(t) - F(x_0)}{t - x_0} = f(x_0)$$

Suppose f is continuous at x_0 . Given $\varepsilon > 0$, $\exists \delta > 0$ such that

$$\begin{aligned} |f(t) - f(x_0)| &< \varepsilon \text{ if } |t - x_0| < \delta \text{ where } t \in [a,b] \\ \Rightarrow f(x_0) - \varepsilon &< f(t) < f(x_0) + \varepsilon \text{ if } x_0 - \delta < t < x_0 + \delta \end{aligned}$$

$$\Rightarrow \int_{x_0}^t (f(x_0) - \varepsilon) dt < \int_{x_0}^t f(t) dt < \int_{x_0}^t (f(x_0) + \varepsilon) dt$$



$$\begin{aligned}
 &\Rightarrow (f(x_0) - \varepsilon) \int_{x_0}^t dt < \int_{x_0}^t f(t) dt < (f(x_0) + \varepsilon) \int_{x_0}^t dt \\
 &\Rightarrow (f(x_0) - \varepsilon)(t - x_0) < F(t) - F(x_0) < (f(x_0) + \varepsilon)(t - x_0) \\
 &\Rightarrow f(x_0) - \varepsilon < \frac{F(t) - F(x_0)}{t - x_0} < f(x_0) + \varepsilon \\
 &\Rightarrow \left| \frac{F(t) - F(x_0)}{t - x_0} - f(x_0) \right| < \varepsilon \\
 &\Rightarrow \lim_{t \rightarrow x_0} \frac{F(t) - F(x_0)}{t - x_0} = f(x_0) \\
 &\Rightarrow F'(x_0) = f(x_0)
 \end{aligned}
 \quad \textcircled{O}$$

➤ **Theorem (IIInd Fundamental Theorem of Calculus)**

If $f \in R$ on $[a,b]$ and if there is a differentiable function F on $[a,b]$ such that $F' = f$, then

$$\int_a^b f(x) dx = F(b) - F(a)$$

Proof

$\because f \in R$ on $[a,b]$

\therefore given $\varepsilon > 0$, \exists a partition P of $[a,b]$ such that

$$U(P,f) - L(P,f) < \varepsilon$$

$\because F$ is differentiable on $[a,b]$

$\therefore \exists t_i \in [x_{i-1}, x_i]$ such that

$$\begin{aligned}
 F(x_i) - F(x_{i-1}) &= F'(t_i) \Delta x_i \\
 \Rightarrow F(x_i) - F(x_{i-1}) &= f(t_i) \Delta x_i \quad \text{for } i = 1, 2, \dots, n \quad \because F' = f \\
 \Rightarrow \sum_{i=1}^n f(t_i) \Delta x_i &= F(b) - F(a) \\
 \Rightarrow \left| F(b) - F(a) - \int_a^b f(x) dx \right| &< \varepsilon
 \end{aligned}$$

\because if $f \in R(\alpha)$ then
 $\left| \sum f(t_i) \Delta \alpha_i - \int_a^b f d\alpha \right| < \varepsilon$

$\because \varepsilon$ is arbitrary

$$\therefore \int_a^b f(x) dx = F(b) - F(a)$$

◎